

# ATHLETIC EQUESTRIAN LEAGUE

*Practical Horsemanship for the Equestrian Athlete*



## WWW.ATHLETICEQUESTRIAN.COM

The AEL is a great opportunity for equestrians to explore their interest and love of horses while learning about teamwork, meeting others with similar interests, increasing their equestrian skills – and **HAVING FUN!**



### WHAT IS AEL?

The Athletic Equestrian League (AEL) is a organization of equestrian athletes who compete in practical horsemanship. The individual competition is offered in both English and Western disciplines and has a Minis development division for 1st-3rd grades and competition for 4th-12th graders and adults. We are focused on developing well-rounded young equestrians and our competitions are about learning and having fun! Participants receive a flat score worth 40 points, a fences or pattern score worth 40 points, and a practicum score worth 20 points, and all three scores are added together for their score for the day.

Members don't need to have their own horse in order to compete: the host of each event in the competition schedule will provide the mounts. This gives the members the opportunity to ride a variety of horses and makes it unnecessary to transport horses to the competition.

### JOIN OR START A LOCAL TEAM

There are a number of local AEL teams already established. Trainers of any discipline are welcome to start a team in their area and we have a number of resources to help you.

Visit our website, call us today at 603.359.0008 or email us at [athleticequestrian@gmail.com](mailto:athleticequestrian@gmail.com) for more information on the AEL and how to join or start a club.



## *Join the FUN!*

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